



Holistic Vet House Calls
403-678-8532
theacuvet@gmail.com
www.holisticvethousecalls.ca

Herbal Treat Recipe

Getting herbs into dogs and cats can sometimes be very challenging. The recipe below from the Chi Institute allows you to add herbs to the dough and cook up some tasty (hopefully) herbal treats.

Each batch of treats contains 1 Tbsp (3 tsp) of herbs so, if you know your pet's daily herbal dose and the number of treats per batch, you can calculate how many treats to give in a day. It is important therefore to cut the treats into similar sizes.

1lb lung, liver, or both 7
1 cup flour (preferably rice or some other non-glutinous type)
1 cup cornmeal
1 tsp garlic powder or fresh
1 tbsp any herbal formula

Preheat oven to 350. Combine all ingredients in a blender until almost liquid. Drop tsp full balls onto a greased cookie sheet, or make it more liquid and pour into a small square pan. Bake for 15-20 minutes. If poured into a pan, you can cut them up into small sizes, and estimate how much herb is in each.

(In case you have read that garlic is bad for dogs and cats, it is absolutely safe in the levels used in this recipe and often makes them more appealing to your pet.)